

SPRING ISSUE

APRIL 2012

NEWSLETTER



RECENT CLARIFICATIONS

MALE ATTIRE;- TUMBLING & DOUBLE-MINI. Do boys shorts have to match the step-in and/or be team colors?

ANS - Boys shorts, if worn, must be any solid color or if designed, must match the color and design of the step-in ((i.e., stripes down the sides of the shorts would match stripes down the sides of the step-in).

NOTE: This does **not** change the rule for long trampoline pants or shorts which states "Long white or solid team colored trousers or team uniform shorts."

TRAMPOLINE - If a coach puts a throw-in may on the trampoline bed, but the athlete does not touch it, is there a deduction?

ANS - There is no deduction unless the athlete touches the throw-in mat.

DRESS - Can an athlete wrap a knee, leg, ankle (whatever "hurts") with tape that has a design on it without a deduction for "distraction"?

ANS - Wrap with designs on it will result in a 0.3 deduction (for being distracting).

TUMBLING - What happens if an athlete does a round-off lands on one foot?

ANS - It is considered a cartwheel and is judged as a cartwheel - with difficulty and aesthetics.

TUMBLING - Why is handspring - whip - handspring - whip a repeat when whip - handspring - whip - handspring not a repeat?

ANS - In the 2nd example, the skill being repeated is a handspring. Handsprings and round-offs can be repeated.

TRAMPOLINE - While performing a skill (back drop, front drop, or 3/4), an athlete's hair (i.e. pony tail) hits the end pads, side pads, or springs - do you take a 0.9 deduction and terminate the pass?

ANS - Yes

DOUBLE-MINI - If an athlete bottoms out on the dismount bed - do you take a 0.9 deduction and terminate the pass?

ANS - No

DOUBLE-MINI - When determining the landing deviation and distance, should an athlete's height be considered?

ANS - No

DOUBLE-MINI - When determining the landing deviation and distance, should the type and difficulty of the skill be considered? **ANS -** No

BEGINNER - ADV-BEGINNER TUMBLING.

Since determining somi position is made between 10 and 2 o'clock, where do you determine if a Handstand Roll or Back Extension Roll meets the vertical requirement? **ANS -** 5 degrees on either side of vertical.

2012 USTA NATIONAL CHAMPIONSHIPS

The National Package has been mailed. If you did not received yours, you can download everything from the USTA web page - usta1.org. Entries must be POSTMARKED BY May 9, 2012.

Be sure to book your motels as soon as possible!

2012 USTA Age Group & Elite National Championships



At the Alliant Energy Center
1919 Alliant Energy Center Way
Madison, Wisconsin 53713

June 18-23, 2012

*Hosted by Kris Metzger
Kris' Power Tumbling*

DEADLINE for nominations for Coach of the Year, Judge of the Year, Nissen-Griswold Athlete of the Year, and Scholarships -

**Nominations without Bio & Pic - April 29,
2012**

Nomination with Bio & Pic - May 9, 2012



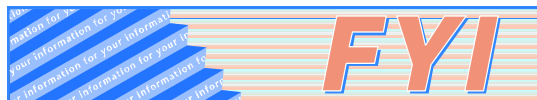
**FLORIDA STATE
ALL-STARS**

- Nicholas Casler, Reflex Gymnastics
- Leanne Haggarty, TNT Gym Center
- Riley Hagy, Acro Jax
- Casey Hammen, Tumblemania
- Jeffrey Hunnicutt, Acro Jax
- Jessica Marant, Reflex Gymnastics
- Mary Jo McGrath, Tumblemania
- Harley Merritt, Reflex Gymnastics
- Rachel Morrison, Tumblemania
- Karina Navas, Reflex Gymnastics
- Christopher Palmer, Reflex Gymnastics
- Emma Scott, Tumblemania
- Molly Mae Stobo, Reflex Gymnastics
- Hannah Tapia-Ruano, Tumblemania
- Sofia Tubbs, Reflex Gymnastics
- Katie Vaughn, Tumblemania



CALENDAR UPDATES

MICHIGAN - The USTA/AAU State Meet will be April 22, 2012 hosted by Bounce at Harland in Hartland, MI.



The USTA Coaches' DVD has been revised and may be purchased from the USTA National Office for \$30.

**Contact: Patti Lingenfelter
USTA National Office
PO Box 135067
Clermont, FL 34713
Phone: 863-420-3905
Fax: 863-420-2050
ustapatti@verizon.net**



Congratulations to Adam Garrett and his new bride on their recent nuptials.

Jennifer Coleman (Turbo Twisters), Iowa - on the birth of a son, Rocco.



Cassia Cantelmo (Mr. Ernie's Flip Flop & Fly), Illinois - on the birth of a daughter.

Jessica & Mark Robinson (Wight Tumble Academy), Illinois - on the birth of their daughter, Kyanna.



Vicki Wilson (University of Tumbling and Trampoline), Iowa - Vicki had surgery recently. Please keep Vicki in your prayers.



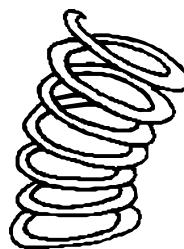
Vicki Wilson (University of Tumbling & Trampoline), Iowa on her brother's passing.



The family and friends of Shane Winfree (American Tumbling & Trampoline Academy), Kentucky. Shane was killed in the tornado that swept through Kentucky.



BE SURE TO CHECK THE ADVANCED/ELITE LIST ON THE USTA WEB PAGE. IT IS BEING UPDATED AS WE RECEIVED MEET RESULTS (which can be daily). Please let us know if we have missed anyone or if our information is incorrect!



SA
FETY CERTIFICATION



All PAID USTA Coaches must be Safety Certified and have a Safety Certification Card to wear on their Coach ID Lanyard. The current cost is \$25; however, starting April 16, 2002 - the cost will be \$30.

The Safety Certification is available on the USTA Web page, usta1.org.



WANTED - Looking for a twisting spotting belt.

Contact: Jim Dowling
ph: 404-428-5711
email: allstartnt@gmail.com

FOR SALE - Two home made trampoline spotting decks, \$90/pair.

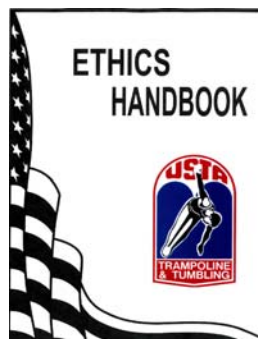
One 7 x 14 1" ribbon bed, \$125.

Contact: Dana Johnson
ph: 405-672-3953
email: dana.johnson@cox.net

I want to tell you thank the USTA for such a wonderful experience for our girl Katie Boeding. It was such a fun process to be able to try out for the National Team. She set goals and now others in our gym want to try and follow in her footsteps. So the National Team Trials and the entire process is very very much worth all or the work and time as it has raised the bar for so many. Our team really got behind her and then set their goals higher. No, she did not make the team but she is so very very glad that she was able to have a chance to try out. She was able to set goals and strive to achieve them. It is not the win--it is the journey and the life lessons learned along the way. It is the way she was able to better her talents and work to meet HER PERSONAL GOALS.

THANK YOU ALL FOR A GREAT EXPERIENCE--IT WAS ALL RAN SO VERY VERY PROFESSIONALLY AND SO SO VERY VERY FAIR FOR ALL PLAYERS. Thank you to the host clubs and all the volunteers for your great organizing skills and work. Congratulations to all the National team members and to all those who tried out - because you All HAVE RAISED THE BAR!!!!

Debbie Moser, Carmen Moser Payne, Bernita Moser and Kattie Payne Schulte the Entire Moser Team.



The USTA Ethics Handbook has been revised. Be sure to download, print, and read your copy!

2012 U.S.T.A. NATIONAL TEAM





CORY BARNES
RACHAEL BARNETTE
TRAMPOLINE
NICHOLAS BARON
McKENDRA BARTHELME
AUBREY BEYERS
GRAYSON BEYERS
JOSH COLES
KARISSA DILLER
CAYLA DOMAGALA
MORGANN EIDE
KELLYN EUHUS
ILENIA HAILS
JOHN HANTEN
JACOB HEDBERG
CAITLIN HEIDENREICH 5 STAR ELITE
COURTNEY HOLETZKY
LACEY JENKINS
EMILY KALER
KELLY KEITEL
KARIS KOVACS
MEIKA LACEY
NICHOLE MACIEJEWSKI
DANIELLE MAGDA
CLIFFORD MARTIN JR.
ANALYSE RATKOWSKI
MADISEN RICKETT
KATIE SEPE
BRIANA STEWART
BRITNI THOMPSON
ALLISON TROWBRIDGE
SAMANTHA TROWBRIDGE
TYLER WALLER
DELANEY WALSH
GARRET WATERSTRADT
DERRICK WEISS
RYLEE WILDT
HALEIGH WORKS

YMCA TUMBLING TORNADOS
FOX VALLEY TUMBLING &
5 STAR ELITE
ILLINOIS GYMNASTIC CLUB OF OLNEY
KRIS' POWER TUMBLING
KRIS' POWER TUMBLING
5 STAR ELITE
GYMNASTICS, ETC.
5 STAR ELITE
MAT TUMBLING & TRAMPOLINE
WIGHT TUMBLE ACADEMY
ILLINOIS GYMNASTIC CLUB OF OLNEY
GYMNASTICS, ETC.
WIGHT TUMBLE ACADEMY
TWISTSTARS TUMBLING & TRAMPOLINE
PRAIRIE LAND TUMBLING & TRAMPOLINE
GYMNASTICS, ETC.
SUN ELITE ATHLETIC CLUB
FOX VALLEY TUMBLING & TRAMPOLINE
ILLINOIS GYMNASTIC CLUB OF OLNEY
5 STAR ELITE
TWISTSTARS TUMBLING & TRAMPOLINE
TWISTSTARS TUMBLING & TRAMPOLINE
5 STAR ELITE
MAT TUMBLING & TRAMPOLINE
5 STAR ELITE
EFFINGHAM ACADEMY OF GYMNASTICS
MATTOON ACADEMY OF GYMNASTICS
MAT TUMBLING & TRAMPOLINE
MAT TUMBLING & TRAMPOLINE
GYMNASTICS, ETC.
TOP STAR TRAINING CENTER
IRISH'S GYM
GYMTYME
THE MOVEMENT CENTER
TOP NOTCH GYMNASTIC ACADEMY

**AAU JUNIOR OLYMPIC
T&T
VOLUNTEERS**

We need volunteers for the 2012 AAU Tumbling & Trampoline Competition at the George R. Brown Convention Center in Houston, Texas, on July 26 - 29, 2012. If you or anyone you know (16 and over) is willing to volunteer, please fill out this form and fax or e-mail it to Patti Lingenfelter, AAU T&T National Chair or Stella Sponsler, Volunteer Coordinator.

All volunteers will receive a designated volunteer t-shirt & wristband when they check in on the day of their shift. Check-in for T&T will be located in the George R. Brown Convention Center. During their volunteer shift, volunteers (with appropriate shirt & wristband) will have access to a hospitality room that will supply drinks and snacks. The drinks and snacks are only for the volunteers and only during the shift they are working. Volunteers will be authorized to wear the volunteer t-shirt during their volunteer shift. The designated wristband will grant access into the venue & hospitality room during the volunteer shift.

NOTE: If you fill out the volunteer form on the internet, DO NOT send this form also!

If you would like to volunteer, please complete the form below and return it to:

PATTI LINGENFELTER
email: ustapatti@verizon.net
fax: 863-420-2050
ph: 863-420-3905

or

STELLA SPONSLER
email: ssponsler1980@royell.org
ph: 217-725-0894

Deadline: "In Hand" June 1, 2012 - Call to confirm Receipt!

2012

T&T JUNIOR OLYMPIC COMPETITION

2012

Name _____ Team _____

Phone # (____) _____ Fax # (____) _____

E-mail: _____

_____ I WILL WORK HRS - CIRCLE DATE(S) & TIME(S) VOLUNTEERING:

_____ July 26	<input type="checkbox"/> 4 hours.	<input type="checkbox"/> 8 hrs	<input type="checkbox"/> Morning	<input type="checkbox"/> Afternoon
_____ July 27	<input type="checkbox"/> 4 hours.	<input type="checkbox"/> 8 hrs	<input type="checkbox"/> Morning	<input type="checkbox"/> Afternoon
_____ July 28	<input type="checkbox"/> 4 hours.	<input type="checkbox"/> 8 hrs	<input type="checkbox"/> Morning	<input type="checkbox"/> Afternoon
_____ July 29	<input type="checkbox"/> 4 hours.	<input type="checkbox"/> 8 hrs	<input type="checkbox"/> Morning	<input type="checkbox"/> Afternoon

PLEASE CHECK THE JOB(S) YOU PREFER:

- | | |
|---|---|
| <input type="checkbox"/> LINE-UP ATHLETES | <input type="checkbox"/> COMPUTER INPUTTING |
| <input type="checkbox"/> POST SCORES | <input type="checkbox"/> VIDEO TAPE EVENTS |
| <input type="checkbox"/> CHECK SCORES | <input type="checkbox"/> AWARDS |
| <input type="checkbox"/> CALCULATE SCORES | |

T-SHIRT SIZE: _____